## Aw The College of Animal Welfare

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## **Thursday 4 March 2021** 9am - 5pm



### Head Nurse Congress Programme - Morning

8.30am - 9am	Virtual Registration
9am- 9.05am	<b>Chairman's Welcome</b> - Frank Taylor, Vice Principal Veterinary Studies, The College of Animal Welfare
9.05am - 9.50am	<b>'What's Holding You Back?' Barrier Beliefs and How to Smash Them</b> Dr Libby Kemkaran Thompson, MA VetMB MRCVS, Kemkaran Consulting Ltd Life has a habit of pulling you down. So how do you get back up? Measure your GRIT, learn how to change those limiting beliefs that keep you 'stuck' and challenge yourself to set a new standard. Growth Mindset for those completely new to the subject, and a deeper dive for those already started on this path. WARNING! May include a game that might just change
9.50am - 10.35am	your life forever The Gift of Feedback – How You Can Use it to Build Trust, and Go Beyond What You Thought Possible! <i>Richard Casey, Veterinary Management Group</i> There are many reasons why feedback could, and often should, be given. But, unfortunately, it's often a task put off or carried out in a way where the outcome isn't positive. A recent VMG survey in partnership with SPVS found that 49% of veterinary leaders were not confident regularly providing or receiving feedback. In addition, of the respondents who did not manage others, 80% reported that their line manager was not effective at providing or asking for feedback. Therefore, what does good feedback look like and how can it be used to improve performance in practice and beyond? This session explores the various uses of feedback in the workplace, the benefits it can bring and how it can help contribute to a practice learning culture. It introduces various feedback 'models' which can assist in providing 'structure' to the conversation and help to avoid the
10.35am - 10.50am	conversation turning sour. Live Q&A Panel Present questions (anonymously if desired) to the speakers
10.50am - 11.20am	Morning Break and Online Exhibition
11.20am - 12.05pm	VN Futures – The Value of VN Futures To Your Leadership Role Jill Macdonald, DipAVN (Surgical) RVN FHEA, Royal College of Veterinary Surgeons The VN Futures project exists to address the challenges and exploit the many opportunities available to us in advancement of the veterinary nursing profession. This talk will provide an update on the activities of the initiative, highlight aspects of the project work that are relevant to you in Leadership role in guiding, informing and inspiring others; and will offer you an opportunity to have an input into the project. www.vnfutures.org.uk
12.05pm - 12.50pm	<ul> <li>Enhancing Working Relationships</li> <li>Paul Ward, Black Top Co. – Executive Coaching and Training</li> <li>In this workshop learn how you can: <ul> <li>Enhance your positive Influence with people professionally and personally</li> <li>Overcome negative judgement of self and others to become more authentic and congruent</li> <li>Challenge yourself to learn from those whom challenge you the most to develop greater flexibility in your communication style</li> </ul> </li> </ul>
12.50pm - 1.05pm	Live Q&A Panel Present questions (anonymously if desired) to the speakers
1.05am - 1.35pm	Lunch Break and Online Exhibition



*'Providing innovative learning opportunities in pursuit of professional excellence'* 

#### Head Nurse Congress Programme- Afternoon

1.35pm - 2.20pm	<b>The Power of Self-Promotion: How to push yourself forwards in the workplace</b> <i>Ash Borland</i> If you feel you're doing a great job at work, it's only natural to want to develop and grow. However, opportunities to progress don't always arise naturally – sometimes you need to be your own cheerleader and create these chances for yourself. In this session, Ash will take you through some top tips for self-promotion: looking at how you can show off what you offer
2.20pm - 3.05pm	<ul> <li>and push yourself forward in the workplace.</li> <li>7 Sector Business Model</li> <li>Emerson Patton, Bright Business Advice</li> <li>Often many professionals experience frustration as a result of not having the right systems in place, the right training protocols to develop their team and huge gaps in their budgets.</li> <li>The Bright Business 7 Sector Business Model will help you take your team to the next level, by ensuring your department is working like a well-oiled machine.</li> <li>Systemise and organise to make effective use of time and significant cost savings.</li> <li>Achieve rapid sales growth: discover strategies that will allow you to generate large amounts of revenue, through better conversion rates in a shorter space of time.</li> <li>Recruit, lead, and motivate your staff to increase productivity and reduce staff turnover.</li> <li>Design a business plan structured around the key business areas of: leadership and management, finance, operations, HR, marketing and sales.</li> <li>Develop structures and systems that are proven to increase efficiency, effectiveness and organisation.</li> </ul>
3.05pm - 3.20pm	Live Q&A Panel Present questions (anonymously if desired) to the speakers
3.20pm - 3.50pm	Afternoon Break and Online Exhibition
3.50pm - 4.35pm	Increasing Energy and Purpose – A Personal Workshop Anne-Marie Svendsen Aylott, MRCVS, PurpleCat Coaching Ltd All of us have times where we may find work and/or personal life harder than usual, and even if we don't, there is no doubt that the higher our energy levels and our sense of purpose, the better we feel about what we do and who we are. This workshop focuses on helping delegates connect with what is important to them and how to translate that into their everyday lives. The format is interactive, practical and personal.
4.35pm - 4.45pm	Live Q&A Panel Present questions (anonymously if desired) to the speakers
4.45pm - 5pm	Chairman's Close - Frank Taylor, Vice Principal Veterinary Studies, The College of Animal Welfare

How to book... For details of prices and how to book your place, please see overleaf to complete and return the booking form. You can also book online at www.caw.ac.uk/events/head-nurse-congress



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Please note the organisers have the right to change the programme at short notice and without notice.

#### Head Nurse Congress 2021

Fax Back Booking Form - Fax to 01480 422089

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